

## NEW HORIZONS

Adult Center along with New Horizons is a ministry to Senior Adults. Together we offer a wide range of activities designed to minister to the physical, emotional, social and spiritual needs of seniors. There are opportunities to use your



giftedness to serve others in the Kingdom of God. For additional information about Adult Center or New Horizons please visit the information center on Sunday mornings or contact leaders listed below

**Adult Center:**  
**Oscar Kreis 562 690-3729**

**New Horizons:**  
**Sharon Shutes 626 333-8524**

**Church Office:**  
**562-945-4500**

## ADULT CENTER

### CONTACT INFORMATION

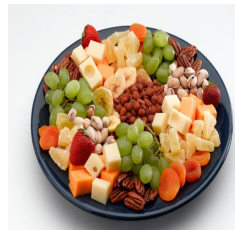
**Oscar Kreis at 562.690.3729**

#### **YOU ARE CORDIALLY INVITED...**

to participate Wednesdays for eight weeks per session in this exciting program for adults. Stimulating classes have been arranged for your enjoyment.

The Adult Center Program provides a warm and friendly environment in which to bring your friends and become better informed on a variety of subjects.

From 10:30–11:00 am  
assorted snacks and  
coffee or tea will be  
available between  
classes to socialize and  
build friendships.



### Wednesday Morning Schedule

*In the Gymnasium*

8:45 Registration

9:00 Welcome, Inspiration, Announcements

9:30 -10:30 First Hour Classes

10:30 – 11:00 Snacks and Fellowship

11:00 – 12:00 Second Hour Classes

## ADULT CENTER

**Wednesdays**

**9:00am—Noon**

**Gymnasium**



**Jan 30 - April 3 2019**

**The Adult Center is a ministry of**

**Whittier Area Community Church**  
**8100 Colima Road**  
**Whittier, CA 90605**  
**562-945-4500**

**[www.wacc.net](http://www.wacc.net)**

## 2 Hour Classes:

### **Oil Painting (2hrs.)** *Gymnasium*

Introduction to impressionistic oil painting, in an environment where basic techniques can be learned and developed. Fostering a joy for painting. Participants are responsible for buying their own supplies.

**Instructor: Desiree Baker**

### **Computer Instruction: (2hrs.)** *Room B104*

Take the mystery out of computers. Hands on instructions from basics to advanced use of IBM PC models only. (No Apple)

**Instructors: Joe Risse**

### **Scrapbooking 101 (2hrs)** *Gymnasium*

Participants can enjoy a refreshing opportunity to put their pictures in a memory book. Offered in conjunction with the Genealogy Class. Minimal cost for supplies.

**Instructor: Paula Morris Schattilly**

### **Watercolor and Drawing (2hrs)** *Gymnasium*

Participants have a chance to enjoy watercolor and drawing techniques. Supplies will need to be provided by participants.

### **Table Games (2hrs)** *Gymnasium*

Games are a great way to help keep you mentally sharp. A time for social interaction with friends and fun.

**Instructor: Jim Callen**

### **Knitting and Crocheting** *Gymnasium*

Choose whether you want to knit or crochet. Instruction and inspiration are provided by our experienced teachers.

## 1st Hour Classes 9:30-10:30AM

### **Creative & Life Writing** *Room B100*

This class will help you work on projects that matter most to you.

**Instructor: Betty Emery**

## 2nd Hour Classes 11:00-12:00PM

### **Balance and Strength Exercise** *Room B102*

Traditional exercises, modified Tai-Chi and Yoga for Seniors and older adults. DVD instruction by Jane Adams

### **European Travel** *Room B101*

Come learn about cities, culture, and geography of various European countries. Each week we will watch a 25 min video followed by discussion.

**Instructor: Chris Nord**

### **Fabric Fun** *Gymnasium*

Create items to decorate your home and make gifts for your family and friends. Field trips or simple charity sewing may be planned. Instructions and patterns will be provided. Minimal cost for supplies. **Instructor: Sharon Schroeder**

### **Genealogy** *Gymnasium*

Get to know your ancestral history through research, interviews, census, vital records and getting it organized. Offered with scrapbooking class.

**Instructor: Bonnie Morris**

Please fill out and return to the  
Adult Center in the gym  
or mail to Adult Center at  
WACC 8100 Colima Road, Whittier CA 90605

Name \_\_\_\_\_

Spouse's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number ( ) \_\_\_\_\_

Date \_\_\_\_\_

Email Address: \_\_\_\_\_



**I would like to enroll in the following**

1st Hour \_\_\_\_\_

2nd Hour \_\_\_\_\_

**Spouse's Choice**

1st Hour \_\_\_\_\_

2nd Hour \_\_\_\_\_